

# Alumni Fall Refresher

October 7/8, 2024 Monday 1 - 8 pm/Tuesday 9 - 4 pm Facilitated by Craig Sefa, Roxanne Morgan with special guest Nancy Davis and Kim Dockery



### **PRAYER-DREAMING**

Moving from Chaos to Creativity to Heavenly Joy

using Ignatian Spirituality and Theological Reflection

The truth is that "God can do anything—
far more than you could ever imagine
or guess or request in your wildest dreams!"

Ephesians 3:20 MSG

#### **Details**

Saint Ignatius will be our traveling companion on this retreat as we open ourselves together to God's grace and possibilities. "God enflames the heart with holy desires with attraction toward a life of greater divine praise and service."

To that end, we will use theological reflection and creative expression to help us identify the stories we tell ourselves — conscious and UNconscious — that block the flow of Godly creativity and heavenly joy. Before our loving, merciful, and tender God, we will:



- Befriend the broken: our stories of grief, chaos, even smoldering rubble
- Identify the Holy seed for weaving your new story
- · Prayer-Dream glorious possibilities
- Ponder the stirrings
- Discern and walk out next steps

As always, the space is limited to 24 alums, making this a truly special opportunity. If space allows, after May 1, the Alumni Fall Refresher will open to the current cohort. We are excited to reconnect with you and share this unique experience.

Some of our greatest Christian and cultural riches are the byproduct of grief. From a safe distance, we admire and appreciate the creative fruits grief has harvested over millennia; collectively, humanity owes a whole lot to heartache.

But what about when grief confronts us—head on, full force—as individuals?
\_... Loss and creativity are two essential parts of the human experience, and when we experience loss personally, creativity might just be the best way out.

~ Dr. Shelley Carson, A lecturer at Harvard University and author of Your Creative Brain: Seven Steps to Maximize Imagination

**Where:** (by popular request)

Starrette Farm Retreat • Statesville NC • (336) 971-7275

Retreat Value is \$250 (give as you are able and called)

This cost is for leadership, facility, support materials, and food throughout the two days.

~Lodging is on your own~

## To Register (two ways to pay)

Remit your non-refundable \$50 deposit to hold your space, or send full payment:

- **BY CHECK**, payable to Deeper Journey Ministries (DJM) with "SOS 2024 Fall Refresher" on the memo line. Mail your check along with the following form to: Registrar PO Box 1288 Troutman, NC 28166
- ONLINE at <a href="https://secure.myvanco.com/L-ZK8D/campaign/C-14RA0">https://secure.myvanco.com/L-ZK8D/campaign/C-14RA0</a>

Balance is due by August 1, 2024

Questions? Contact Registrar Nancy Bellamy at <a href="mailto:nancy@StarretteFarmRetreat.com">nancy@StarretteFarmRetreat.com</a>

• Partial scholarships are available. Ask Nancy.

## 2024 Alumni Fall Refresher

#### October 7/8

NAME
ADDRESS
CITY, STATE, ZIP
MAIL
Best PHONE
AMOUNT ENCLOSED: (mark appropriate box below)
NON-REFUNDABLE DEPOSIT ONLY \$50 holds your space, with balance due by August I
OR
SLIDING SCALE FULL PAYMENT (give as you are able and called) \$175 \$200 \$250

2024 ALUMNI FALL REFRESHER

PLEASE MAKE A COPY OF THIS FORM AND YOUR CHECK
AS A CONFIRMATION OF PAYMENT